

beacon
health options

Autism Spectrum Disorder Services

Behavioral Health Partnership
Oversight Council: Operations Sub-
Committee Update

Where We Started

- In July 2014, CMS issued a bulletin that requires States to cover various Autism Spectrum Disorder (ASD) services for Medicaid beneficiaries under age 21.
- The CT Behavioral Health Partnership (CTBHP) is a partnership among:
 - Department of Social Services (DSS),
 - Department of Children and Families (DCF),
 - Department of Mental Health and Addiction Services (DMHAS)
 - Beacon Health Options is the Administrative Service Organization (ASO)
- In addition, we've worked closely with the Department of Developmental Services (DDS) on the implementation of this mandate to be ready for January 1, 2015.

Where We Are Now

- In September 2016, CMS issued a bulletin that included new Autism Spectrum Disorder (ASD) services for Medicaid beneficiaries under age 21 with Medicaid HUSKY A, C, or D

Connecticut Plan to cover ASD Services

- Two main components:

1. Behavioral treatment services (Medicaid State Plan services performed by providers)

- Such as Applied Behavior Analysis (ABA)
- Available to Medicaid-eligible children and youth under the age of 21
- May not duplicate services through the school (but may supplement those services to the extent medically necessary)
- Includes evaluation, assessment, and development of plan of care

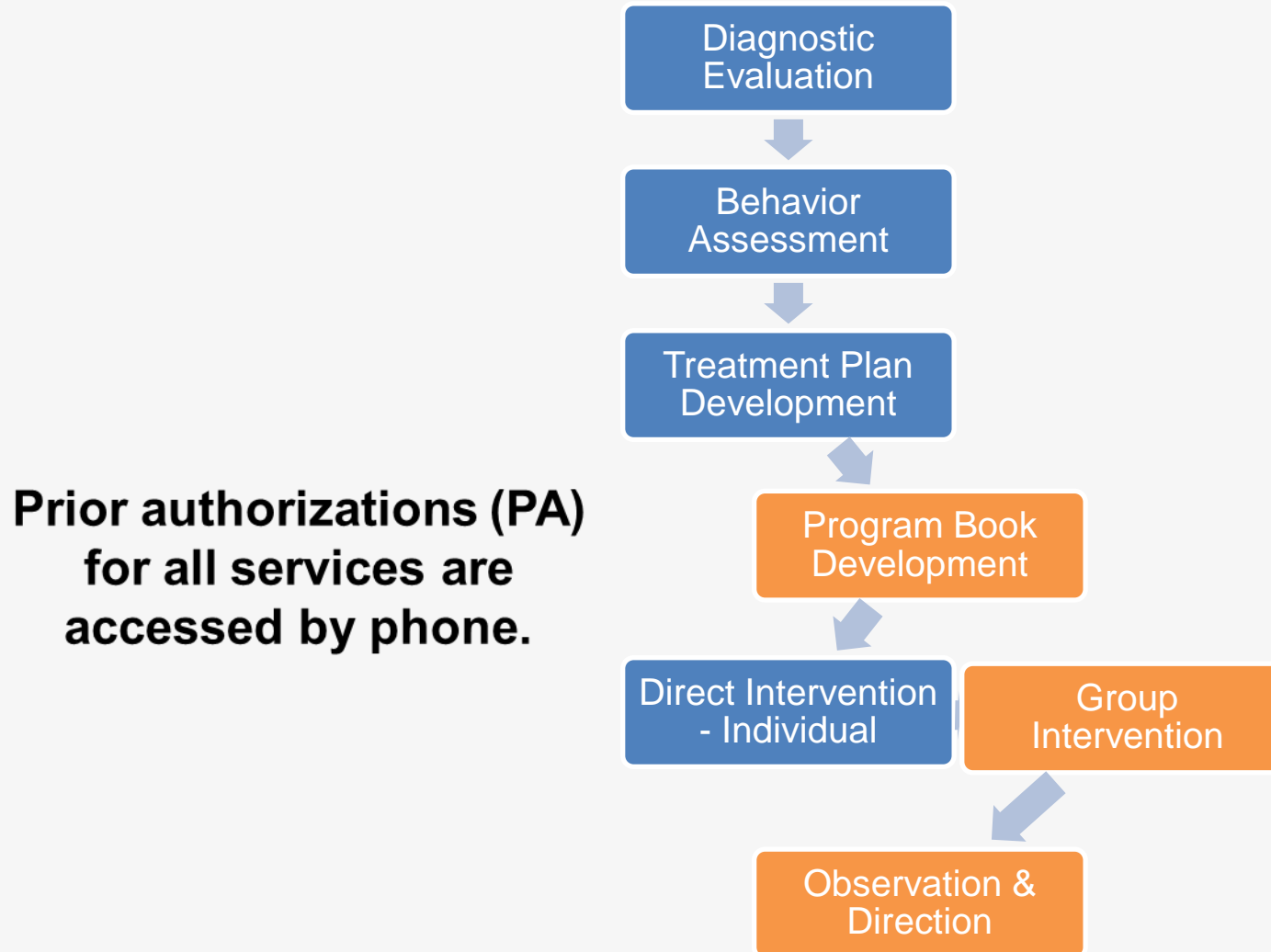
2. Peer Specialist and Care Coordinator services (Medicaid administrative services performed by the ASO)

- Available to individuals of any age with ASD and their families
- May be utilized to guide families through the process of accessing Autism services and other community services such as therapeutic recreation, social skills groups or other referrals

AUTISM SERVICES

New Autism Services

- Behavioral Treatment Services including:



Program Book Development

Units allowed: 1 unit = 1 hour

Up to 3 units will be authorized during the initial authorization period for the development of the program book. Providers will be able to access up to 3 units of Program Book Development every 90 days *based on treatment progress including the addition of new target behaviors and related interventions and must correspond with updates to the treatment plan.*

Program Book Development continued

Criteria:

This is a living document that should stay in the home of the member. The Program Book should include, but is not limited to:

- details of specific interventions related to treatment goals in the Behavior Intervention Plan (BIP),
- a list of target behaviors,
- data sheets,
- program protocol,
- BIP,
- crisis plan,
- contact notes, etc. as they relate directly to the current treatment plan.

The BCBA or clinician who is responsible for conducting the Functional Behavior Assessment (FBA), Treatment Plan Development and Direct Observation and Direction of services being delivered is responsible for maintaining this book.

Treatment Plan Development Update

Along with Program Book Development, providers will be able to access 1 unit of Treatment Plan Development (APB H0032) every 90 days *based on treatment progress including the addition of new target behaviors and related interventions*

Direct Observation and Direction

Units allowed: *1 unit = 15 minutes* at least 10 percent of the hours of direct service delivery is recommended

Documentation required to send to Beacon Health Options:

Documentation will be reviewed during scheduled chart reviews. Date, time, location, member name and Medicaid ID, notes from session and signatures from both BCBA/Licensed Clinician and Behavior Technician.

Criteria: Providers will bill separately for these units under the provider authorized to fulfill the Direct Observation and Direction. Per Medicaid regulations, the provider must be directly observing the BCaBA or technician providing services to the member, the performing provider must be in the same location as the member and the BCaBA or technician and the observation must be to the member's benefit.

Group Treatment Services

Units allowed: 1 unit = at least 45 minutes

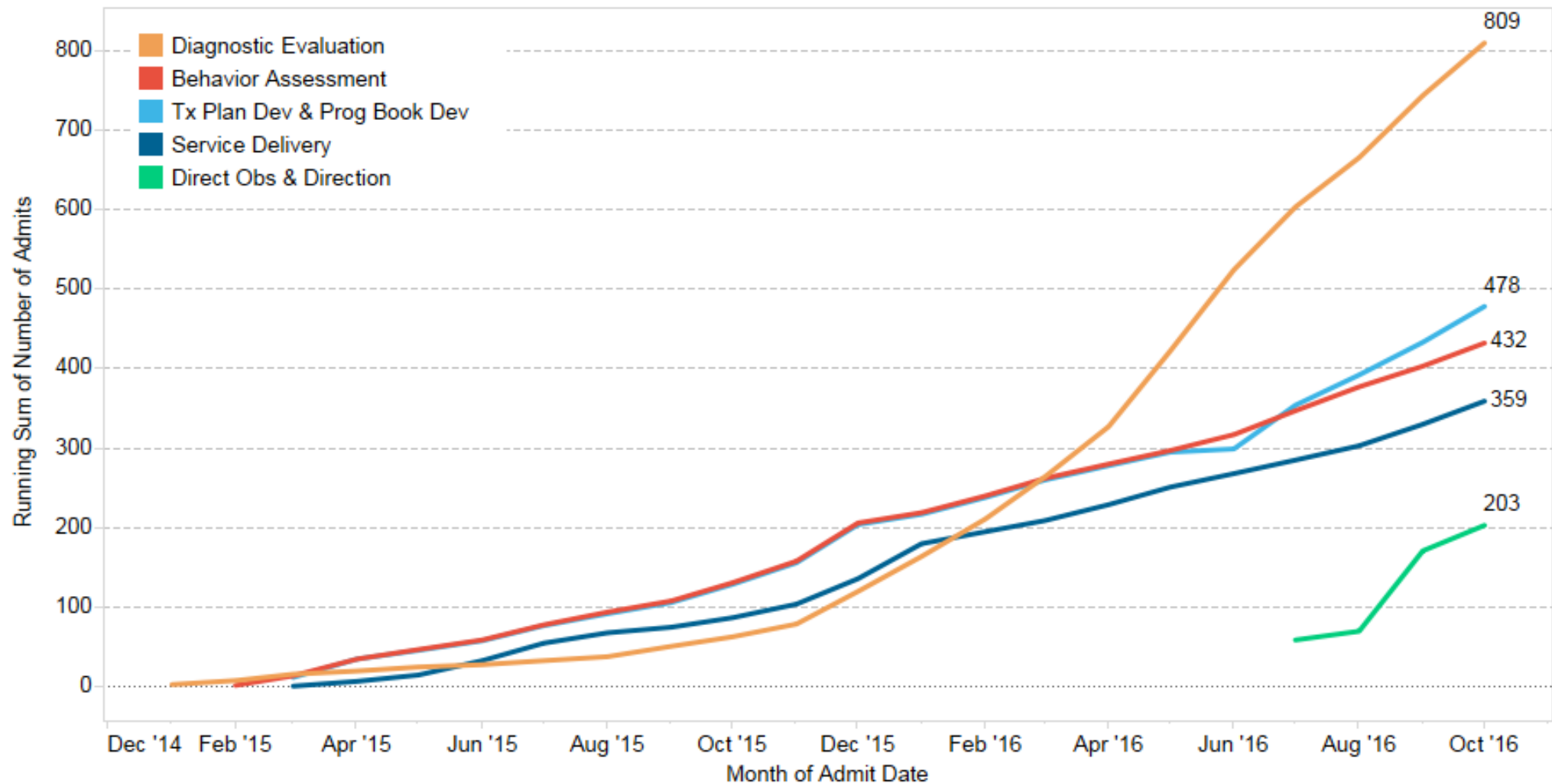
Documentation required to send to Beacon Health Options:

Providers must provide social skills assessment, group treatment goal and what curriculum is being used. Social Skills assessments can include, but are not limited to the Social Skills Rating System (SRS), Social Skills Improvement System (SSIS) or Triad Social Skills Assessment. The performing provider must document the number of participants in the group and the evidence-based curriculum being implemented.

Criteria: Must be led by a BCBA or a licensed clinician and can be center based or take place in the community. Curriculum for the group must be evidenced-based. Number of participants must not exceed eight.

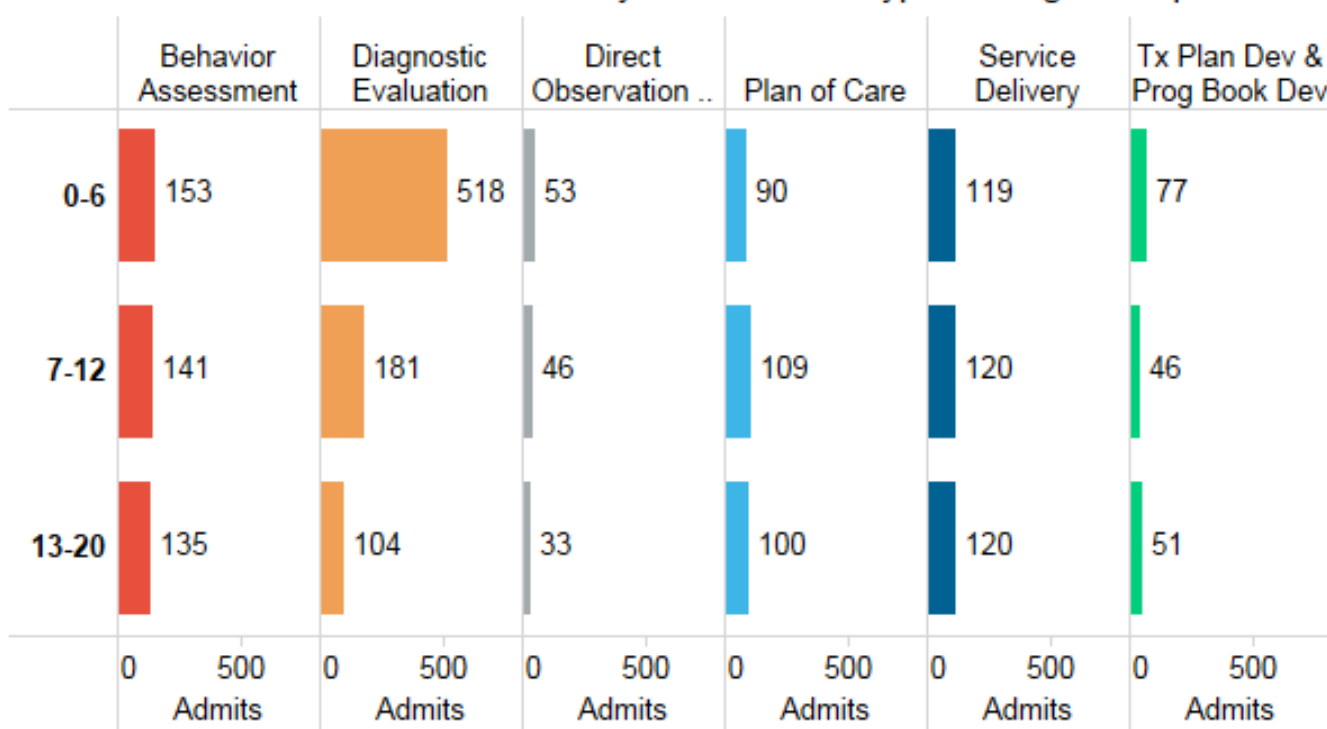
Autism Disorder Services Monthly Admits/Authorization Volume by Service Class

Cumulative Monthly Admits/Authorizations to Autism Spectrum Disorder Services

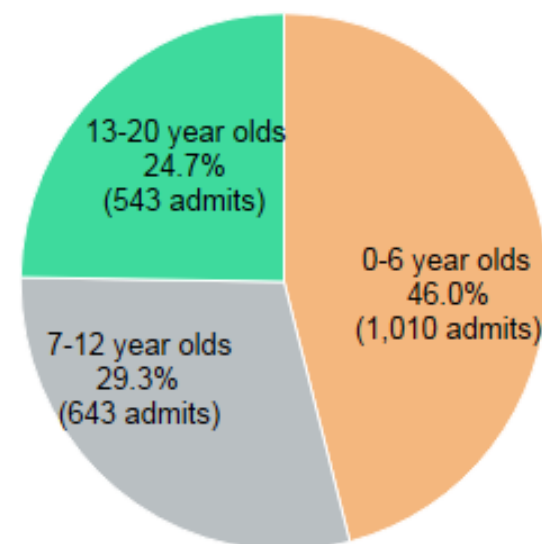


Autism Disorder Services Admits/Authorization Volume by Age

Total Admits/Authorizations by ASD Service Type and Age Group



Total Admits/Authorizations Obtained for Each Age Group (All Service Classes)



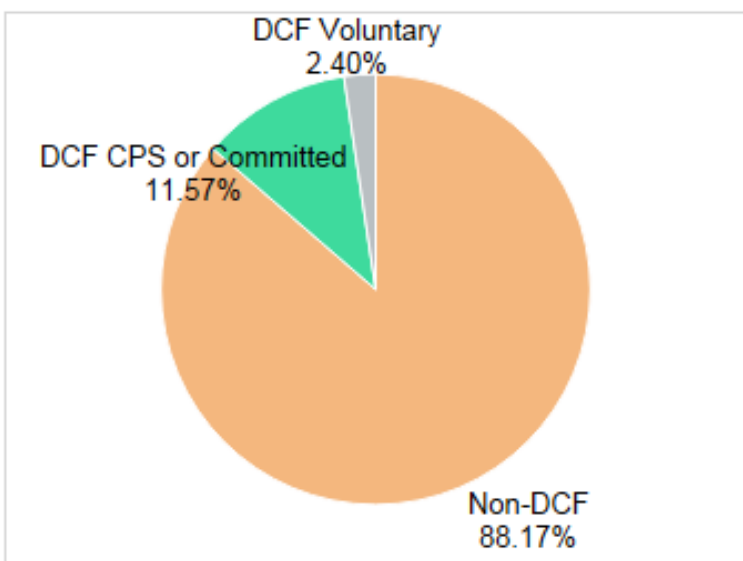
623 youth
were ages 0-6 at
admission.

301 youth
were ages 7-12 at
admission.

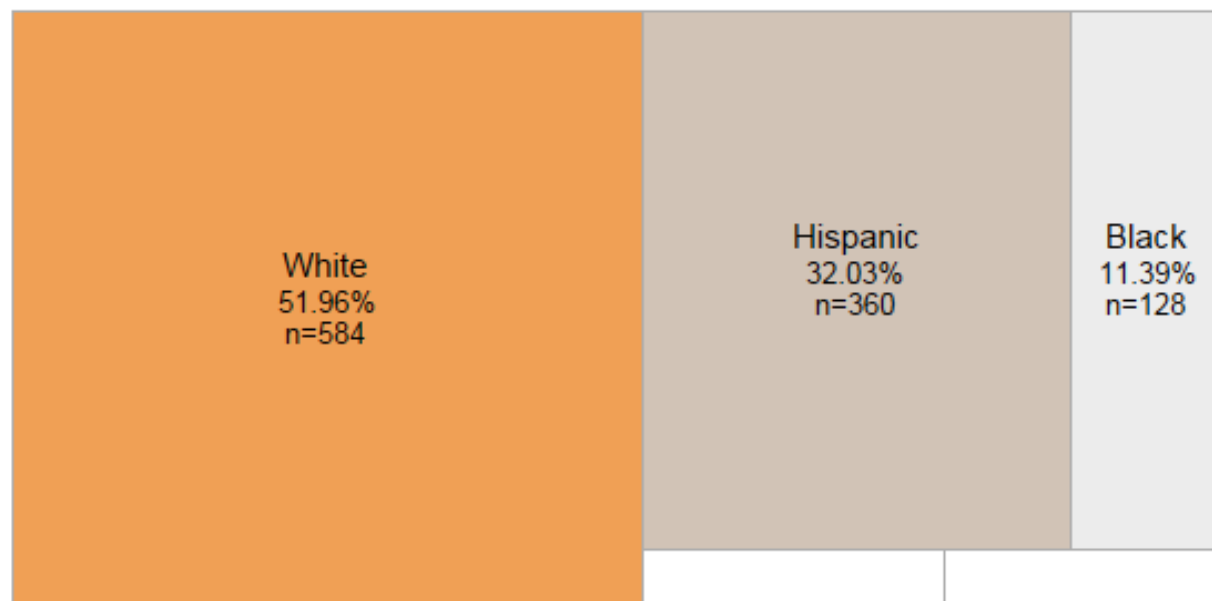
219 youth
were ages 13-20 at
admission.

Autism Disorder Service Admits/Authorization Volume by Race & DCF Status

Percent Unique Youth Authorized for Services by DCF Status**



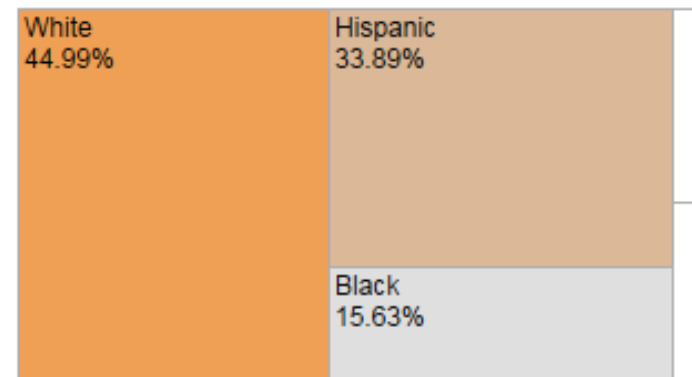
Total Unique Youth Authorized for ASD Services by Race/Ethnicity



Total Unique Youth Authorized for Services by DCF Status and Region**

| | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Region 6 | Grand Total |
|--------------------|----------|----------|----------|----------|----------|----------|-------------|
| DCF Voluntary | | 3 | 7 | 5 | 6 | 6 | 27 |
| DCF CPS or Commi.. | 2 | 7 | 20 | 42 | 27 | 32 | 130 |
| Non-DCF | 76 | 156 | 133 | 227 | 190 | 212 | 991 |
| Grand Total | 78 | 163 | 154 | 267 | 221 | 244 | 1,124 |

Medicaid Youth Ages 0-17 - CY 2015 Rates



PROVIDERS

Autism Disorder Services Provider Enrollment

75

individual providers have enrolled in Medicaid to provide ASD services.

48

unique practices (individuals or groups) have enrolled in Medicaid to provide ASD services.

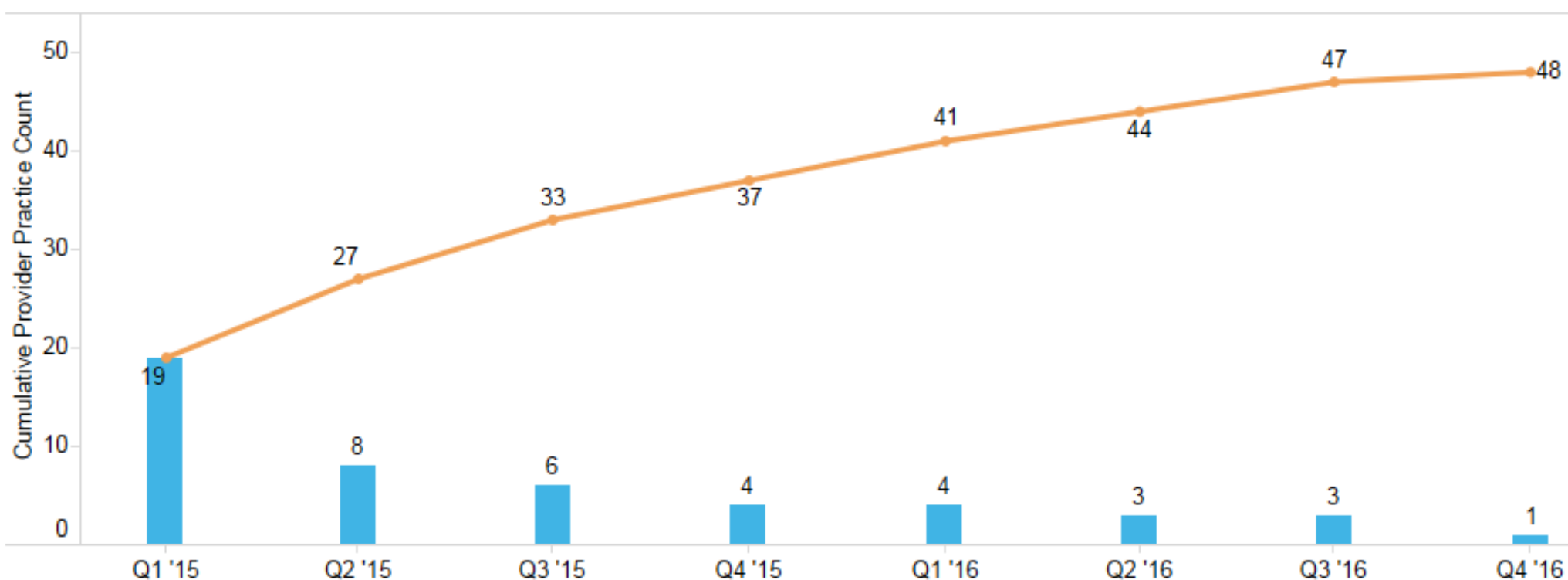
48

providers are able to provide ASD treatment services.

Cumulative ASD Practice Enrollment

Note: A practice may include multiple individual practitioners or be a single individual

--- Running Total ■ Quarterly Additions



Enrollment in Process

Enrollment in Process

Number of Providers Currently in the Enrollment Process

ASD Qualification in Process

1

Awaiting CMAP Enrollment

4

CMAP Enrollment in Process

7

0

2

4

6

Provider Count

Provider Network

- As this is a new Medicaid service, it is anticipated that the overall provider system will continue to grow:
 - Providers continue to join the Medicaid network.
 - Providers are enrolling to offer a continuum of services from the diagnostic assessment to direct intervention.
 - Beacon Health Options is identifying and reaching out to potential providers to develop the network and facilitate referrals.

Strategies to Increase ASD Network Enrollment

- Regularly outreach to the Medicaid Provider Network to inform them of members waiting to access services within areas of the State they service; encourage hiring staff
- Regularly check-in with the Autism Advisory Council
- Continue to reach out to Early Intervention/Birth to Three Providers
- Attend Regional Applied Behavioral Association (ABA) Conferences (Connecticut – March 3rd and 4th/Massachusetts - May 6th/New York - Oct. 26th/27th) to network with providers in bordering towns
- Regular outreach calls made to DCF and DDS Autism Services Providers
- Distribute job postings and opportunities through MA ABA, CT ABA and ASD Provider Networks
- Networking event held at Beacon Health Options to connect with University of St. Joseph's, Sacred Heart, Fairfield, UCONN, Quinnipiac and other schools to link Human Services undergrad/grad students with behavioral technician opportunities in August and is also planned for December

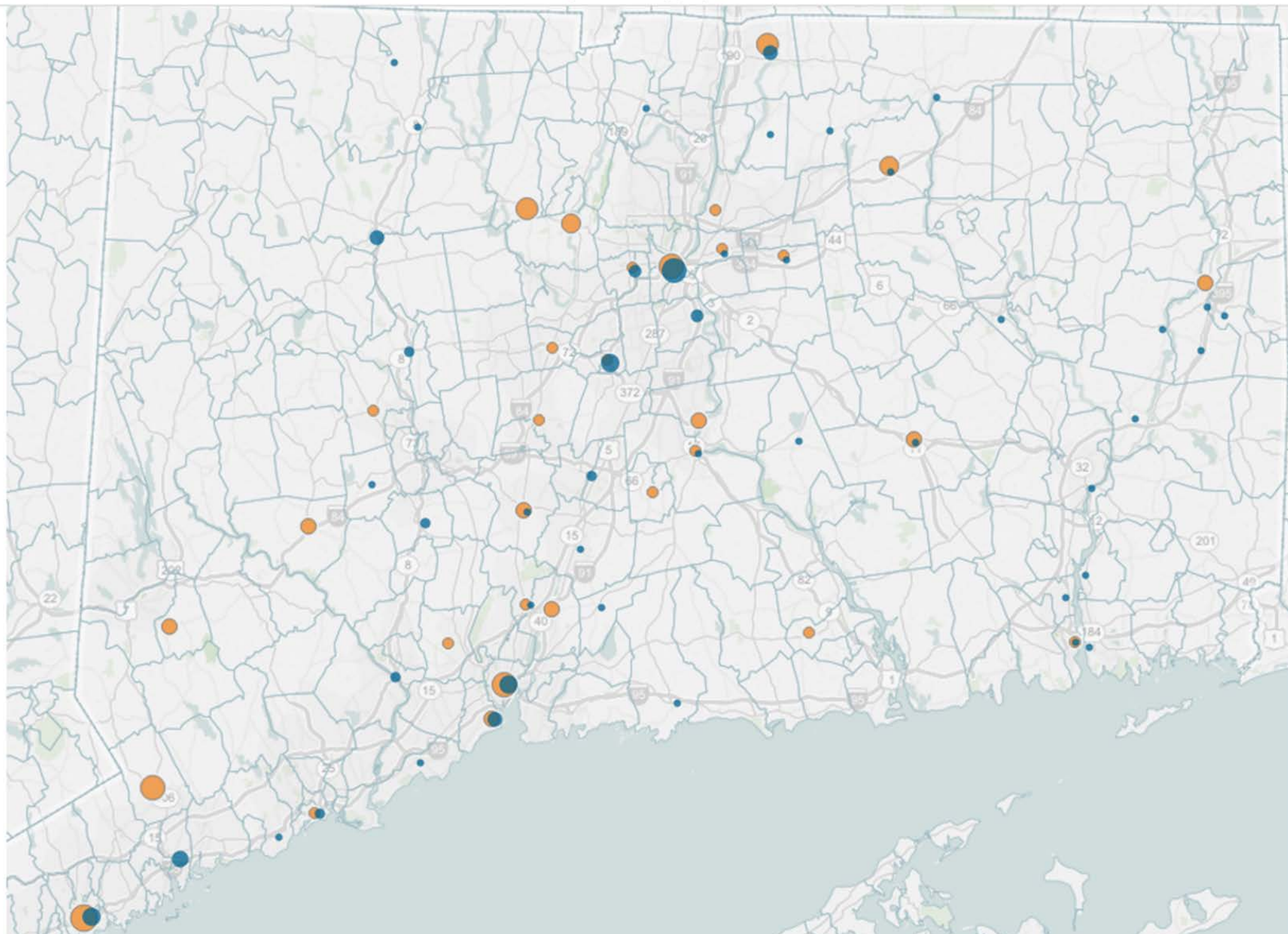
Strategies to Increase ASD Network Adequacy

Monthly Provider Learning Collaborative Meetings

- Transition & Discharge planning
- Reduction of direct service hours over time
- Crisis planning & parent training goals
- Managing caseloads & waitlists
- Critical features of a Plan of Care & documentation
- Billing Procedures for CT BHP ASD Providers
- Completing a Functional Behavior Assessment (FBA) in 8 - 10 hours
- Parent Training, Family Engagement & Buy-in to a Treatment Plan
- Authorization & Review Process
- BCBA Observation & Direction Overview
- Emergency Mobile Psychiatric Services: Accessing EMPS, How to Prepare Your Families and EMPS Services Provided

Locations of Youth Waiting for ASD Services and Locations of Enrolled Providers

Locations of Youth in Process of Connecting with an Appropriate Provider and Current Provider Locations



ASD STAFF

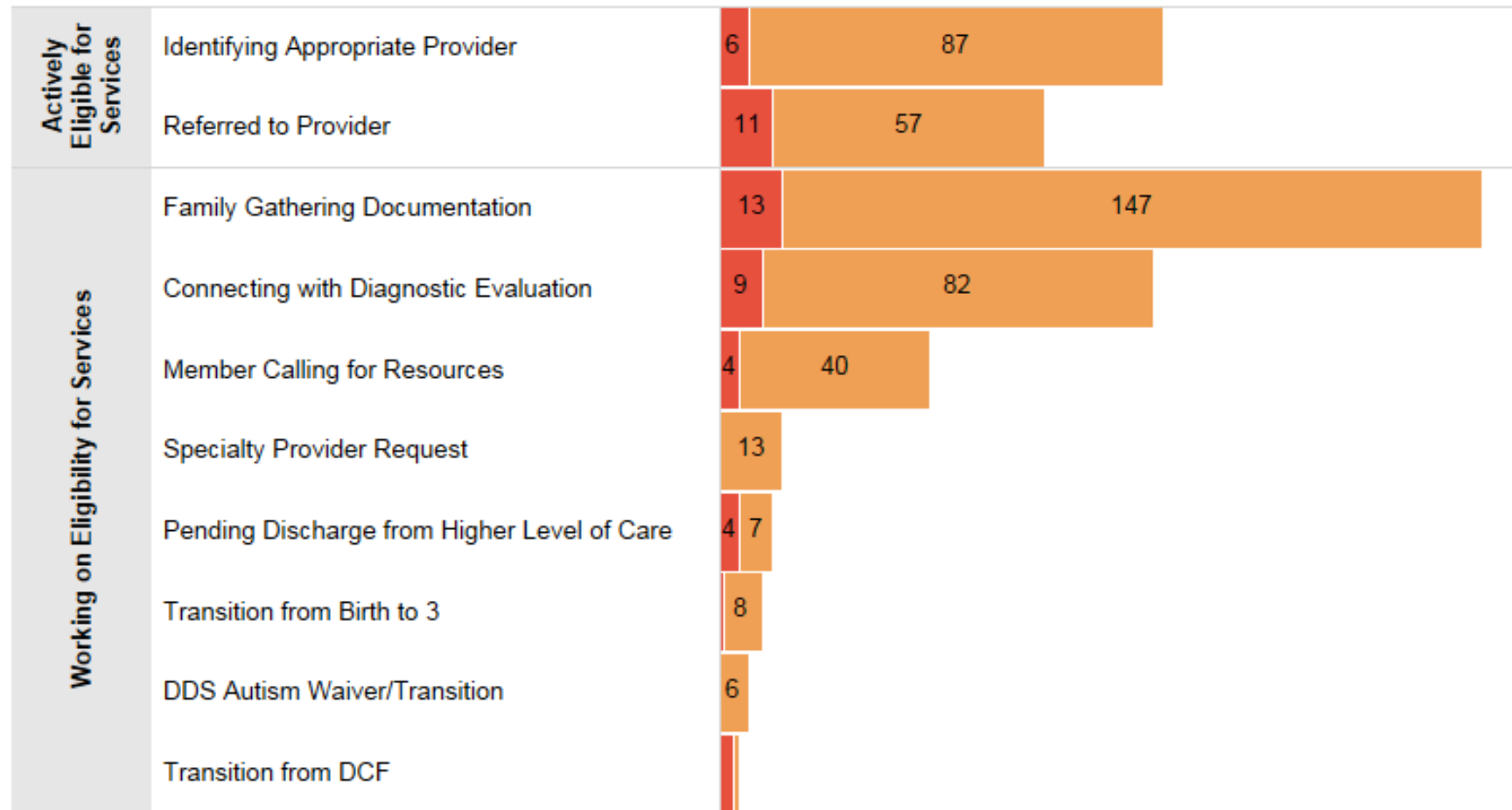
Peer Specialists & Care Coordinators

- Contact families within 24 hours of referral
- Home or community visits within 72 hours of initial contact
- Connect youth, families and adults with resources in their communities
- Develop and maintain relationships with those agencies who provide community services
- Attend regional Community Collaboratives, DCF and DDS Meetings
- Develop and maintain a resource list and familiarity with appropriate services for potential member referrals

Beacon Peer and Care-Coordination Activities

Ongoing Peer and Care-Coordination Activities: Total Count of Unique Youth by Connecting to Services Reason

■ DCF ■ Non-DCF; Excludes Temp IDs

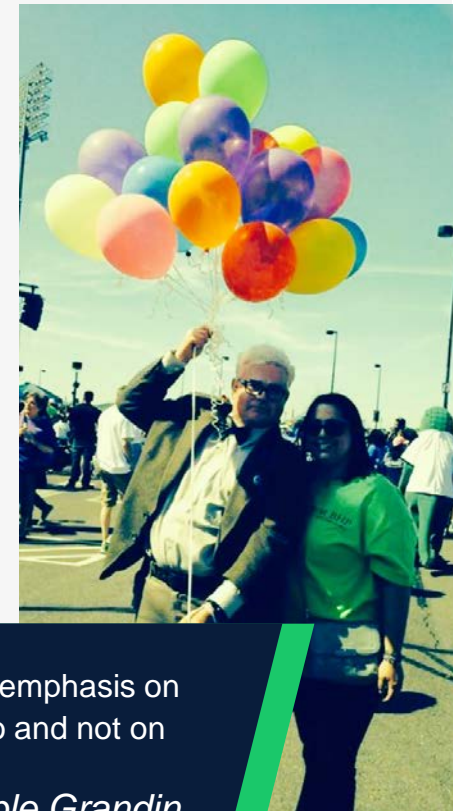


Peers Specialists & Care Coordinators

- Connecting families to:
 - Housing and food assistance
 - Assistance with utility bills
 - Parent Supports
 - Educational Advocates
 - Information on DSS or DCF Voluntary Services Programs
 - Pet therapy
 - Occupational Therapy, Speech and Physical Therapy
 - Social skills groups and play groups
 - Dental care
 - Tickets for autism-friendly events
 - Help with scheduling appointments
 - Transition Services

What Else We've Done

- Autism Speaks Walks
- Special Education Parent Teacher Association (SEPTA) Events
- School Resource Fairs
- Stand Down Event at Department of Veterans Affairs
- Connecticut Autism Action Coalition (CAAC)
- Autism Services & Resources Connecticut (ASRC)
- Autism Awareness Day April 2



“There needs to be a lot more emphasis on what a child with autism can do and not on what he can't do”

-Temple Grandin

How to Access Services

- **CT Behavioral Health Partnership:**
 - Phone: 1-877-552-8247 Fax: 1-855-901-2493
- **Websites:**
 - CT Behavioral Health Partnership: <http://www.ctbhp.com>
 - Department of Developmental Services: <http://www.ct.gov/dds>
 - Department of Social Services: <http://www.ct.gov/dss>
 - Department of Children & Families: <http://www.ct.gov/dcf>
 - Department of Mental Health & Addiction Services:
<http://www.ct.gov/dmhas>

Questions?

Thank you